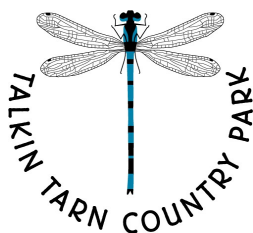


Talkin Tarn Country Park: *Explore – Enjoy – Experience*



Talkin Tarn Permanent Orienteering Course

Welcome to the permanent orienteering course at Talkin Tarn Country Park. The car park is located at grid reference NY543590, nearest postcode CA8 1HN. The park is open 24 hours, but note there are parking charges between 10am and 6pm each day. There are toilets and a tearoom at the country park, opening times for which are on the Talkin Tarn website.

Map

The orienteering map of Talkin Tarn Country Park is at a scale of 1:5000: one centimetre on the map is equivalent to 50 metres on the ground. The map is orientated to magnetic north with grid lines on the map spaced at 150m. At the bottom of the map is a legend showing the symbols and colours used for the map. Study the map carefully to find out the meaning of the symbols. These are special to the sport of orienteering and are consistent the world over, so as you learn this map you can apply it to other orienteering maps.

What you need

You don't need any special clothing or equipment to experience the permanent orienteering course. Good shoes for walking or running would be sufficient. A pen would be good if you want to write down the codes you will find at each control.

Controls

There are 39 controls located within the country park. A control is shown on the map by a purple circle. The description for each control is on page 3 of this pack. At the control location there will be a small red & white marker attached to the side or back of a seat, post, fence post or telegraph pole, the marker having both the control number and a separate 2 letter code (as this example).



Courses

Use your map reading skills to navigate around the controls in the park. The start & finish are at the same place, just to the south of the tearoom building. There is no marked point on the ground, but on the map there is a combined triangle and double circle which represents this point. You can visit as many or as few controls you want in any order. Three suggested courses are shown on page 4 of this pack, gradually increasing in length and difficulty. We have included courses 1 to 3 at the back of the pack for you to print as needed.

A "control card" also on page 4 allows you to write down the 2 letter code you will find on the marker at each control site. Alternatively you can simply write the code on the map adjacent to the control number.

Out in the Country Park

Please take care when navigating around the course. Be respectful of the wildlife and other users of the park. Close any gates you may open. There may well be livestock in the fields to the west of the tarn so please keep dogs on a lead in this part of the park. A "Dogs on Lead Zone" has been implemented around the Tearoom, playground and Alex Boathouse area.

Talkin Tarn Country Park: *Explore – Enjoy – Experience*

Feedback & lost / damaged controls

Neither Border Liners Orienteering Club nor the site managers can keep a constant eye on the area. Our aim is to check it at least once each year. However in between checks it is possible for control markers to be damaged or deteriorate. If you wish to offer feedback on the course or report any missing or damaged control markers contact mapping@borderlinersorienteering.org. We will look into any damaged or missing controls.

Acknowledgements

Border Liners would like to thank Carlisle City Council and British Orienteering for help in funding and setting up the course. The course has been planned by Border Liners in accordance with normal orienteering practice. Neither Border Liners nor Carlisle City Council can be held responsible for any accident or injury, loss or damage that may occur whilst orienteering.

Further Information..... and solutions

Border Liners Orienteering Club, founded in 1969, has been the orienteering club in North & East Cumbria for over 50 years. We have members of all ages between 5 and 85, so whether young or old orienteering is a great way to see the countryside, improve your fitness and make new friends.



Find out more about our club and the sport of orienteering at www.borderlinersorienteering.org or search for Border Liners on Facebook. You can also follow us on Twitter: @BL_Orienteering.

Should you wish to check your answers after you have completed your course you can download a summary of all the Talkin Tarn control marker codes from the Border Liners website; follow 'Permanent Courses, Talkin Tarn POC'

Information on **Talkin Tarn Country Park**, its facilities, activities and events can be found online at www.carlisle.gov.uk/talkintarn/. Orienteering information is under 'Planning your visit'.

Talkin tarn is on Twitter (@Talkin_Tarn) and Facebook (TalkinTarnCountryPark).

Nearby permanent orienteering courses

There are over 500 permanent orienteering courses spread throughout the UK. Nearby courses are at Whinlatter Forest and Walltown Quarry Country Park, Greenhead. Further information on these and other permanent courses can be found on the British Orienteering website at www.britishorienteering.org.uk and follow the menu link 'Go Orienteering, Permanent Courses'.

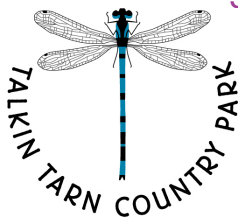
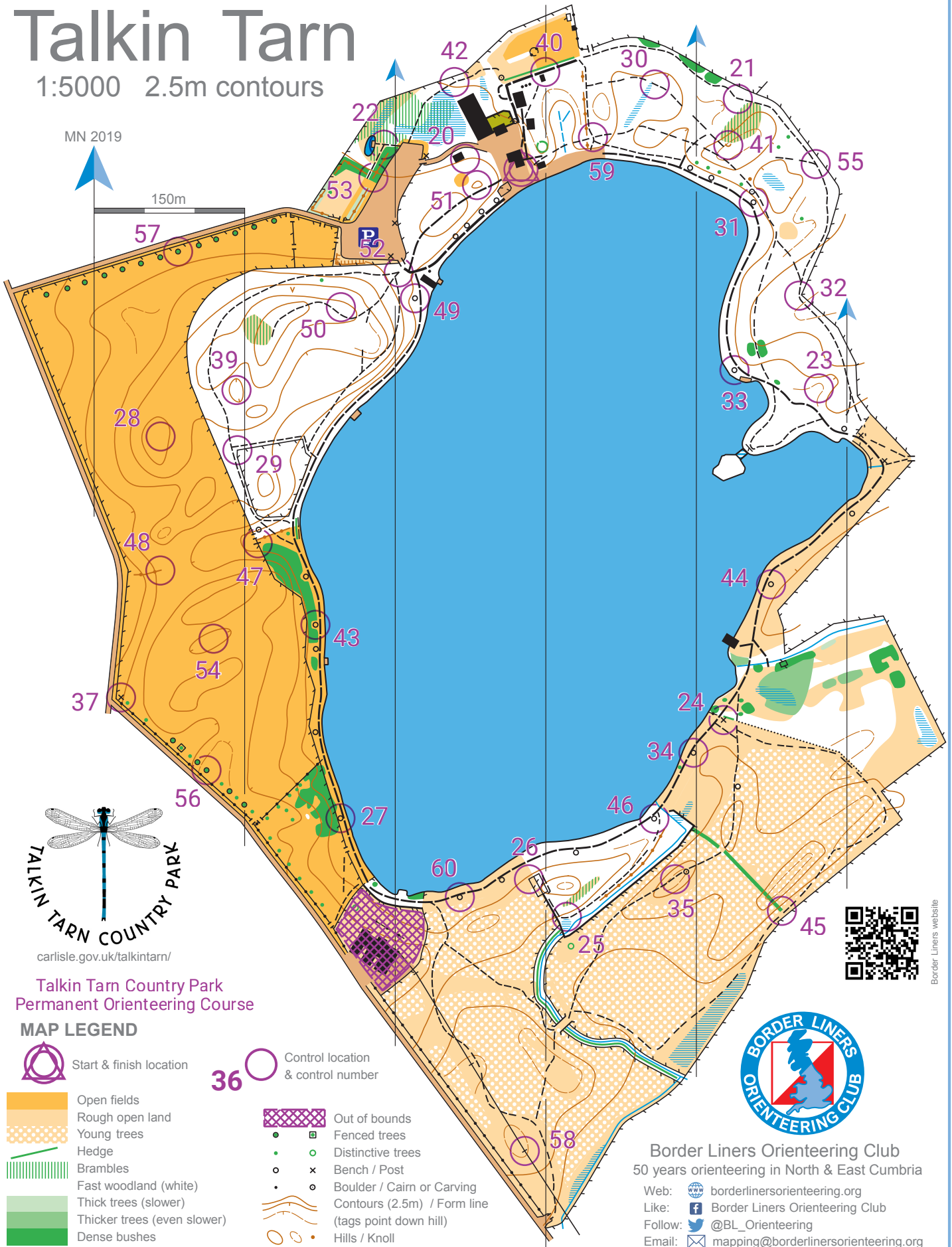


Talkin Tarn

1:5000 2.5m contours

MN 2019

150m



Talkin Tarn Country Park
Permanent Orienteering Course

MAP LEGEND



Start & finish location

36



Control location
& control number



Open fields



Rough open land



Young trees



Hedge



Brambles



Fast woodland (white)



Thick trees (slower)



Thicker trees (even slower)



Dense bushes



Distinct vegetation change

Road / Car park

Track / Large path

Small / Indistinct paths

Wall / Gate

Fence / Stile

Power line (with post)

Buildings



Out of bounds



Fenced trees



Distinctive trees



Bench / Post



Boulder / Cairn or Carving



Contours (2.5m) / Form line
(tags point down hill)



Hills / Knoll



Depressions / Pit



Low earth wall



Steep slope

Stream (with bridge)

Ditch (with footbridge)

Marsh

Pond / Lake & fishing platform



Border Liners Orienteering Club
50 years orienteering in North & East Cumbria

Web: www.borderlinersorienteering.org

Like: [Border Liners Orienteering Club](https://www.facebook.com/BorderLinersOrienteeringClub)

Follow: [@BL_Orienteering](https://twitter.com/BL_Orienteering)

Email: mapping@borderlinersorienteering.org



Talkin Tarn Country Park
Map version 2021.02
Base map 2003..... Border Liners
Revised & updated 2021
Map cartography..... Ocad 12
Grid reference..... NY 543590
© Map copyright..... Border Liners
Based on Ordnance Survey data,
© Crown Copyright 2021 OS 100015287



Talkin Tarn Country Park: *Explore - Enjoy - Experience* Permanent Orienteering Course



Control descriptions

Each control is marked on the map with a purple circle. To assist locating the control marker each control has a description that helps to indicate more clearly what you are looking for. These are listed below for each control on the map:



Start & Finish: Building south side

20 Building, southeast corner	33 Seat	48 Earth wall, east end
21 Path, south side	34 Seat	49 Seat
22 Path junction	35 Hill top	50 Spur, northern part
23 Re-entrant	37 Telegraph pole	51 Hill top
24 Post	39 Depression	52 Path junction
25 Path bend, north side	40 Path, south side	53 Earthwall, southwest end
26 Fence, northwest corner	41 Small depression	54 Depression
27 Seat	42 Path, north side	55 Path junction
28 Hill top	43 Seat	56 Southeastern most tree
29 Fence, northwest corner	44 Seat	57 Tree
30 Path, south side	45 Hedge, southeast end	58 Telegraph pole
31 Seat	46 Seat	59 Path crossing
32 Path bend	47 Stile	60 Seat

Courses

Here are 3 suggested courses. Proceed round the course in sequence, returning to your starting point when finished. You may find it helpful to draw a line on the map linking the controls to visit.

1. Easy (approx. 2.1km actual distance) - Start, 49, 43, 27, 60, 46, 34, 44, 33, 31, 59, Finish

2. Medium (2.7km) - Start, 51, 52, 29, 27, 26, 24, 32, 55, 21, 40, 42, 20, Finish

3. Long (3.6km) - Start, 42, 22, 39, 47, 48, 54, 56, 60, 45, 34, 23, 41, 30, 40, Finish

You can make your own course by combining controls in any order you like. The courses above do not visit all of the control sites in the park. One challenge might be to see how long it takes to visit all 39 controls.



Control card

Use the "control card" below to record the 2 letter code you find at each control site you visit. If you would like to check the solutions after finishing your course you can visit the Border Liners website.



Border Liners website



 Talkin Tarn Country Park Permanent Orienteering Course				Start time: Finish time: Time taken:		Names:			
51	52	53	54	55	56	57	58	59	60
41	42	43	44	45	46	47	48	49	50
29	30	31	32	33	34	35	37	39	40
Start: Building South Side 	20	21	22	23	24	25	26	27	28

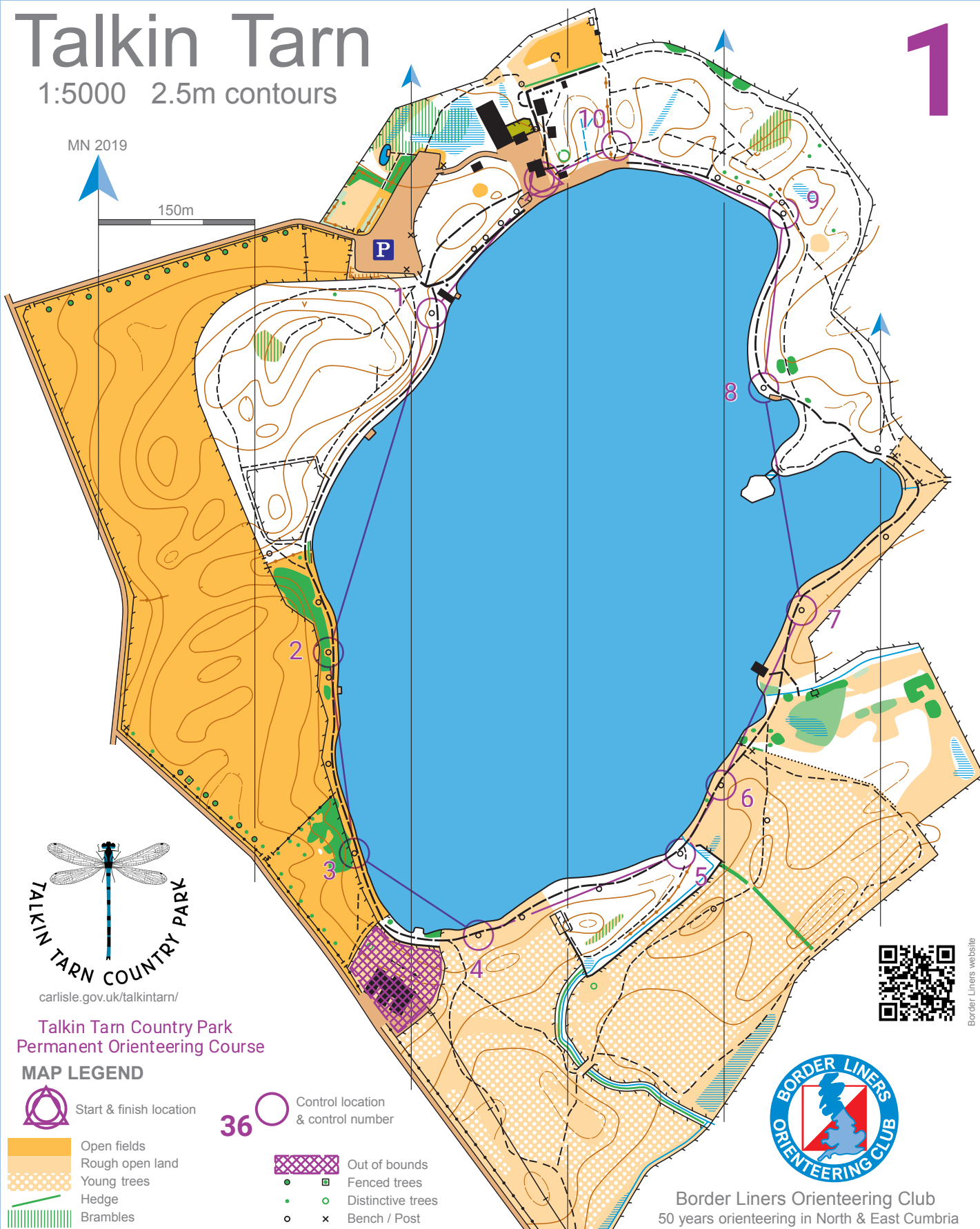
Talkin Tarn

1:5000 2.5m contours

1

MN 2019

150m



carlisle.gov.uk/talkintarn/

Talkin Tarn Country Park
Permanent Orienteering Course

MAP LEGEND



Start & finish location

36



Control location
& control number



Open fields



Rough open land



Young trees



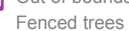
Hedge



Brambles



Out of bounds



Fenced trees



Distinctive trees



Bench / Post



Border Liners website



Border Liners Orienteering Club
50 years orienteering in North & East Cumbria

Talkin Tarn Country Park

1

2.1 km



Start: Building, S. Side

1

49

Seat

2

43

Seat

3

27

Seat

4

60

Seat

5

46

Seat

6

34

Seat

7

44

Seat

8

33

Seat

9

31

Seat

10

59

Path crossing

Navigate 80 m to Finish

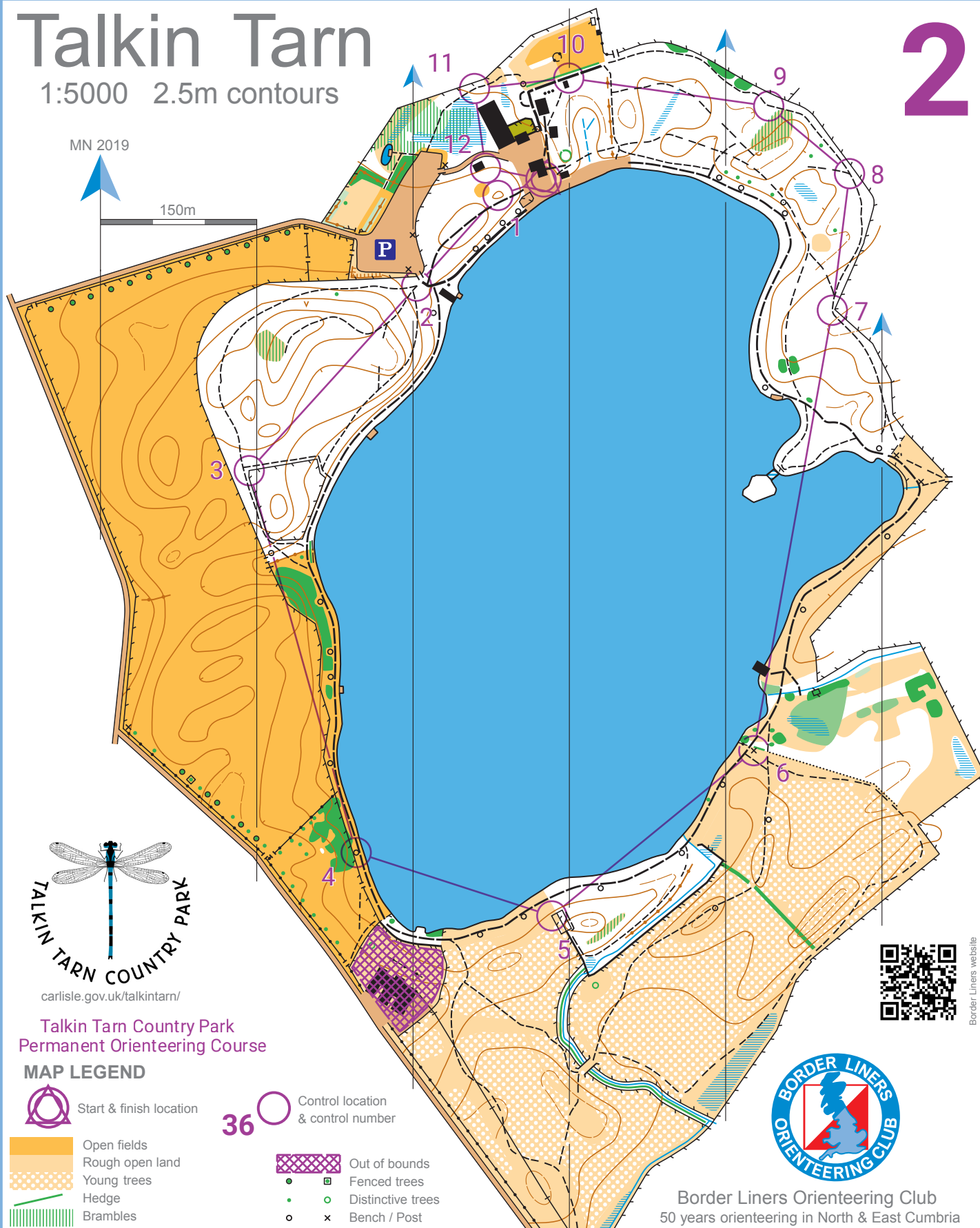
Talkin Tarn

1:5000 2.5m contours

2

MN 2019

150m



carlisle.gov.uk/talkintarn/

Talkin Tarn Country Park
Permanent Orienteering Course

MAP LEGEND

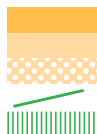


Start & finish location

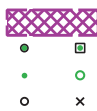
36



Control location
& control number



Open fields
Rough open land
Young trees
Hedge
Brambles



Out of bounds
Fenced trees
Distinctive trees
Bench / Post



Border Liners Orienteering Club
50 years orienteering in North & East Cumbria

Border Liners website

Talkin Tarn Country Park		
2	2.7 km	
	Start: Building, S. Side	
1	51	Hill, Top
2	52	Path Junction
3	29	Fence, NW. Corner (outside)

4	27	Seat
5	26	Fence, NW. Corner (outside)
6	24	Post / Sign
7	32	Path bend
8	55	Path Junction

9	21	Path, S. Side
10	40	Path, S. Side
11	42	Path, N. Side
12	20	Building, SE. Corner (outside)
Navigate 60 m to Finish		

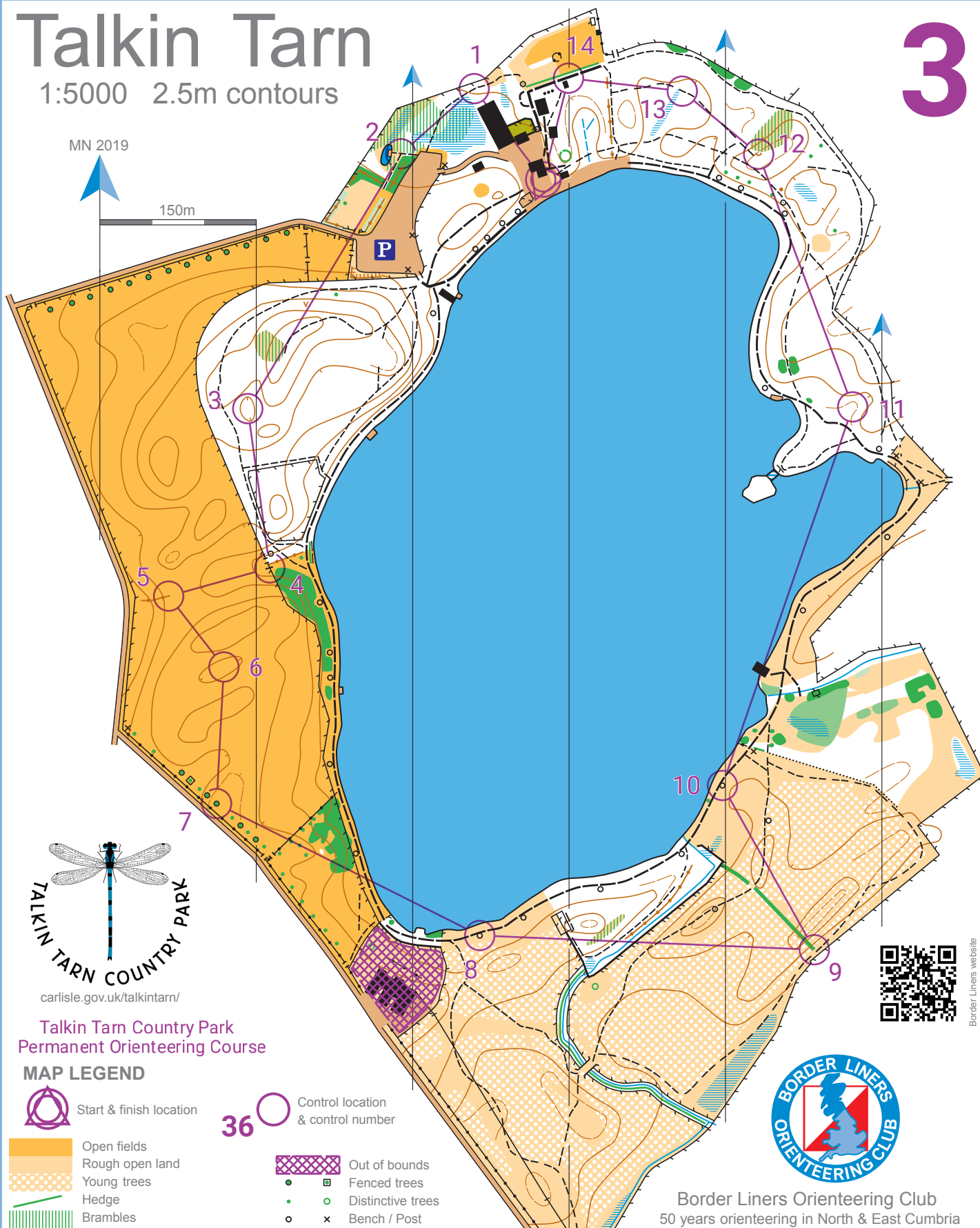
Talkin Tarn

1:5000 2.5m contours

3

MN 2019

150m



carlisle.gov.uk/talkintarn/

Talkin Tarn Country Park
Permanent Orienteering Course

MAP LEGEND



Start & finish location

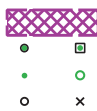
36



Control location
& control number



Open fields
Rough open land
Young trees
Hedge
Brambles



Out of bounds
Fenced trees
Distinctive trees
Bench / Post



Border Liners Orienteering Club
50 years orienteering in North & East Cumbria



Border Liners website

Talkin Tarn Country Park

3

3.6 km



Start: Building, S. Side

1	42	Path, N. Side
2	22	Path Junction
3	39	Depression

4	47	Gate / Stile
5	48	Earth Wall, E. End
6	54	Depression
7	56	SE. Single Tree
8	60	Seat
9	45	Hedge, SE. End

10	34	Seat
11	23	Re-entrant
12	41	Small Depression
13	30	Path, S. Side
14	40	Path, S. Side
Navigate 100 m to Finish		