

Doorstep Walks

no. 1

in and around Carlisle

Bitts Park



Time
13 - 25 mins

Distance
1.4km
(nearly 1 mile)

Route
tarmac
(grass option)

Start point
Dacre Road
car park

Bus routes
all city buses:
Market Hall stop

Walk category
easy

Bitts Park Carlisle

This walk is 1.4km long (nearly a mile). It is a circular walk on level ground. It follows tarmac paths and roads, with an alternative route across grass. Please be aware of traffic when walking on roads. It is suitable for wheelchairs and pushchairs.

Bitts Park was the very first public park to be established in Carlisle. Some of the paths date back to 1818, built by unemployed weavers to form a riverside walkway beside the River Eden. Today the park is best known for its vibrant flower displays and its imaginative new landscaping and maze. There is much to enjoy including a statue of Queen Victoria and an Eden benchmark sculpture close to the river.

Depending on your level of fitness and whether you walk regularly it will take:

♥
Under 25 mins
(2 miles per hour)

♥♥
Under 17 mins
(3 miles per hour)

♥♥♥
Under 13 mins
(4 miles per hour)



Walk at a comfortable, constant pace throughout. Do not over exert yourself. Make a note after each walk of how long you were walking to record your progress.

Start and finish point

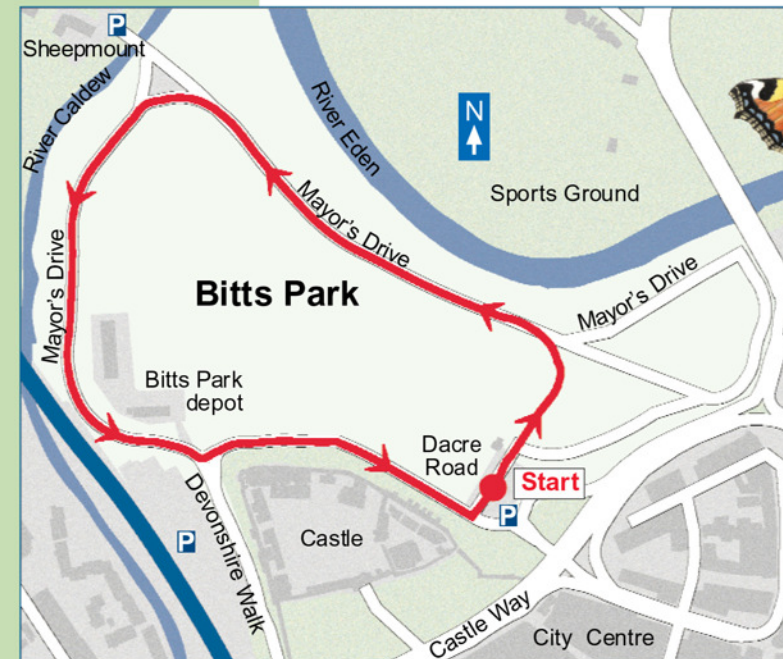
Dacre Road car park

Route description

Enter the park and walk straight ahead, with the tennis courts on your left.

Turn left along Mayor's Drive close to the river. Walk around the edge of the park.

On reaching Bitts Park depot, continue carefully along Dacre Road back to the car park. Alternatively, enter the park across the grass and follow the metal fence line back to the start.



small
tortoiseshell