

# FREE Guided Summer Walks



Explore and discover Carlisle with our programme of guided evening and weekend walks.

Date and Time	Meeting Place	Distance	Grade	Comments
Sunday 18 July 10am - 1pm	Wreay Woods Car Park, Golden Fleece, Junction 42 M6	Approx 4 miles	Medium	A popular walk following a riverside route.
Thursday 22 July 7pm - 8.30pm	Sands Centre Car Park	Approx 3 miles	Easy	Discover some of Carlisle's best spots for wildlife and peace and quiet.
Sunday 25 July 10am - 3pm Bring packed lunch	Sands Centre Car Park	Approx 8 miles	Medium/ hard	From the heart of the city to the heart of the country along Cumbria's greatest river following some of the Hadrian's Wall National Trail.
Sunday 1 August 10am - 2pm Bring packed lunch	Low Gelt Woods Car Park, nr Brampton	Approx 5 miles	Medium	Discover the Greenwell hamlet and the area around the well loved Gelt Woods.
Saturday 7 August 1.30pm - 3pm	Birdoswald Roman Fort Car Park	Approx 4 miles	Medium	So much to explore and see in this area. Hopefully getting back to Birdoswald in time for a cup of tea in the cafe.
Tuesday 10 August 6pm - 7.30pm	Rickerby Park Car Park	Approx 2.5 miles	Easy	Visiting one of Carlisle's popular parks featuring history on Rickerby Park and Hadrian's Wall.
Wednesday 18 August 6pm - 8.30pm	Castle Carrock meet at Jockey Shield in roadside layby on the minor road from Castle Carrock to Geltsdale	Approx 4 miles	Hard	A fell walk in Geltsdale. Ancient woodland, tranquillity and 'away from it all'.

Please wear suitable outdoor footwear and clothing.

Please call 01228 817370  
to register your interest.



For further information please contact Carlisle City Council on 01228 817370