



# Individual Day Stand up Paddle Board Permit

## Conditions for Issue Stand up Paddle Board Permit at Talkin Tarn Country Park

1. **Permits** A SUP launch permit is valid for one craft and valid for the day of purchase only. Permits can be bought from the Tearoom. Annual permits are also available. The day of exception is the first Saturday of July when the annual rowing club regatta takes place.
2. **You must always use a paddle board with a leash.** This may be an ankle or waist leash and will help to keep your board close and mean your board is available as a floatation device should you fall in.
3. **Drugs and alcohol** Users must not go onto the water under the influence of drugs or alcohol.
4. **Blue green algae, water quality and Weil's Disease** It is the water user's responsibility to look at the notice board on the front of the changing rooms to make yourself aware of the current water quality conditions, levels of Canadian pond weed, Weil's disease and levels of blue/green algae.

Although risks to health from any of the above water quality issues are low as a precaution all water users should cover all cuts and abrasions; avoid splashing, or swallowing water and to wash their hands carefully and shower afterwards. Anyone experiencing flu-like symptoms after contact with fresh water should see their doctor immediately. Further information on blue green algae is available on request or please refer to the water sports notice board.

5. **Weather** Weather conditions can change quickly at Talkin Tarn. Therefore please ensure you check the weather forecast prior to undertaking your activity and monitor conditions during the day. Undertake your level of activity within your level of experience.
6. **Buoyancy Aids** Adequate personal buoyancy must be worn at all times by anyone afloat on the lake. (This means a buoyancy aid or lifejacket providing at least 50 N of buoyancy, meeting standard ISO 12402-3 and in serviceable condition).
7. **Protective Clothing** Appropriate clothing shall be worn by all persons afloat, i.e. shoes to protect feet against injury, warm and waterproof clothing to guard against cold according to the conditions.

8. **Condition and type of board** Each board should be in good serviceable condition, with its designed buoyancy maintained in satisfactory working order. Inflatable boards are permitted as long as they clearly display the ISO 6185-1 mark. Ensure your inflatable board has been inflated to the correct PSI as stated by the manufacturer.
9. **Availability of Assistance** There is no safety boat or lifeguard cover. Users going on the water do so entirely at their own risk, and should have experience of capsize drills and the ability to swim to shore if necessary. Persons under 16 must be accompanied or supervised on shore by an adult capable of assisting if necessary. If you are going out on the water on your own, either have someone on shore looking out for you, or take a mobile phone with signal in a waterproof pouch. The phone signal can be poor at Talkin Tarn, so remember you can call 112 if there is an emergency.
10. **Areas for Use** Launching is only from the front of the tearoom, from the launch piers or from the slipway. All users must keep out of the shallow bays and not land on the island.
11. **Consideration of Other Users and Wildlife** All users must act responsibly and considerately to other users of both the lake and the Country Park, please see priority water users timetable located in the notice board. It should be noted that open water swimming is permitted on the lake, therefore please be aware of their possible presence. There shall be no deliberate disturbance to any bird or other wildlife and noise levels must be kept down.
12. **Access to Changing Rooms** Access to changing rooms and showers will be provided for all persons who have purchased a water sports permit. This use is valid for the day of purchase only and you will be provided with a combination code for the door.
13. **Parking** Vehicles/equipment can be unloaded behind the tearoom, then vehicles should be returned to main car park and normal car park charges will apply.

The City Council will accept no responsibility for accidents or injury arising from failure to observe the above conditions.

I have read and understood the above conditions and agree to abide by these.

Signed + Print Name

Date:

Address:

Boat ID:

**Declaration** to be signed by all water users and others intending to go in the water at Talkin Tarn Country Park

I.....(Name) declare that I have read and fully understand the information provided and agree to abide by the above conditions. In the event of any loss, damage, personal injury or death arising to you or a third party from using Talkin Tarn I understand that the City Council will not be liable for costs or damages because I voluntarily accepted the risks associated with my chosen water based activity on Talkin Tarn.

Signed.....

Date.....