Volunteering at Talkin Tarn







Defibrillator now on site

With thanks to Brampton Parish Council, Talkin Tarn now has a defibrillator on site. It is situated on the wall of the tearoom in between the water sports notice board and the changing rooms. There are signs both in the car park and at the front of the tearoom to show it's location. You can't miss it, a big circular green box on the wall. Most of the staff at the tarn are trained in it's use. It is also very easy for any member of public to use, if needed call 999 and give the information written on the front of the box. Maybe one day it might make a difference and save somebodies life.

Thank you again to Brampton Parish Council.



Mayor, Cllr Steve Layden at the official unveiling of the defibrillator.

As ever the Carlisle Countryside Volunteer Team have been working very hard undertaking conservation work to help maintain the country park and keep it safe and tidy.

Over the summer months the team have been working a lot in the new tree plantation removing trees from tubes and restaking some, surfacing footpaths in the woodlands, pulling ragwort around the site, cutting back the tarn side willow and carrying out meadow management in the orchid meadow, as well as helping to tidy and paint the Farlam boathouse. Winter work for the group will include woodland thinning, cutting back the willow hide and working in the new tree plantation.

The group visits the tarn on the first Monday of every monthly and more often when needed. Winter work days will be held on 7th December, 4th January, 7th March, 4th April. If you would like to join the Carlisle Countryside Volunteer Team, please see the website:

www.carlisle.gov.uk/greenspaces or email cath.gregory@carlisle.gov.uk.

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Tearoom opening times

The tearoom opening hours for the winter, until Easter are:

Tearoom Saturday and Sunday 10.30-4.00

Downstairs Tearoom and Gift Shop every day 10.30-4.00

JOSIE'S DRAGONFLY TRUST

Thanks to the generosity of visitors to the tearoom, we have managed to raise over £500 for Josie's Dragonfly Trust. We have been selling the dragonfly pin



badges by the tills in the tearooms. The aim of the trust is to brighten the lives of children and young people living with cancer and to provide a moment of happiness when a moment is all they have. So thank you very much every one for your generosity.

For any enquires or to contact us, please see our website: www.carlisle.gov.uk/talkintarn

call 01228 817200

email: talkintarn@carlisle.gov.uk

Www.carlisle.gov.uk/talkin tarn

To make enquires about the tearoom or to make a booking call:

016977 41050



email: heatherth@carlisle.gov.uk

Issue 17, Winter 2015



TALKIN TARN Country Park

On a night of celebration of all that's best in Carlisle, we were really proud and delighted when Talkin Tarn scooped the 2015 'Best Place to Visit' prize at the 'Carlisle Living' awards on September 10th. The evening was hosted by the Garden at Eden, Eden Golf Course and was a sparkling occasion for all the nominees and prize winners. Talkin Tarn fought off stiff competition from Carlisle Castle, Birdoswald, the Cathedral, Tullie House and the Museum of Military Life in the category which the judges said was the closest to call.

Jon, Heather and the whole team would like to say a massive 'thank you' to everyone who nominated Talkin Tarn, to Carlisle Living for organising the ceremony and to the judges for choosing us as

the winner. Everyone who works at Talkin Tarn loves the place and it's extra special that our visitors have nominated it for this award.

Send us your photos!!



We would like website users to get involved by sending in your photo's of Talkin Tarn to upload onto our Flickr account in the hope that we can collate the best shot to create a 2017 calendar. So please get involved.





TAKE A LOOK AT OUR NEW WEBSITE SEND US A TWEET

Next time you've browsing the web, have a look at our fantastic new website. On it you will find all of the information you will need about the tarn and what's happening. You can also keep up to date with us via twitter and send us a tweet @talkin_tarn. As well as looking at some great photos of the tarn on flickr, (Talkin Tarn Flickr). All details are on our website www.carlisle.gov.uk/talkintarn.

COME AND VISIT US AT THE TARN THIS WINTER



Suitable for all ages. This is an open air event, following a gentle walking route, and lasts approximately 1 hour and 15 minutes. Please dress appropriately for the weather and wear suitable footwear. Well behaved dogs are welcome. Pantomime Performances starts at 12pm and 2pm with Ukes Akimbo performing festive tunes with a twist from 3pm

> Adults £10, Children (under15) £5, Family ticket (2 adults and 2 children) £25 Get your tickets directly from the tearoom, Carlisle Tourist Information Centre or online www.carlisle.gov.uk/talkintarn (subject to online booking fee) Your ticket includes a free hot drink and festive tray bake. Numbers are limited so book now !!



3 Course Christmas Menu Broccoli and Stilton Soup Smoked Trout Pate

Cantaloupe and Honeydew Melon Balls with Champagne Sorbet

Cumberland Roast Turkey served with Chipolata Sausage and Stuffing Fillet of Salmon served with Lemon butter sauce Vegetable Nut Roast with Apricot and Goats Cheese All served with seasonal vegetables and Roast Potatoes

> Christmas pudding with Brandy Sauce Blueberry Swirl Cheesecake (gluten free) Cheese and Biscuits served with Homemade Chutney

Coffee with homemade shortbread biscuit £24.95

Exhibitors in the Alex Boathouse this winter



The Alex Boathouse

is used by local crafters to exhibit and sell their products. Why not pop in and see what they've been up

6th - 19th November Pat Gill and Cath Gregory, paintings and woodcrafts.

20th 30th November **Steve Blake**, photography.

25th 31st March Lucy Barnfather, artist original

paintings and drawings.

Gulliver's Travels

18th August

1st - 7th April **Steve Blake**, photography.

8th – 14th April **David Phillips**, photography.

29th April – 5th May **Claire Adie**, glassware.

